

Reducing the Risk of SIDS IN CHILD CARE

Based off the American Academy of Pediatrics' (AAP) *Reducing the Risk of SIDS in Child Care Speaker's Kit*, this **FREE** course is designed to educate everyone who cares for babies, including:

- Child care providers
- Health care professionals
- Parents
- Grandparents
- Babysitters
- Relatives

In 1 hour, participants will learn how to create a safe sleep environment to reduce the risk of SIDS and other sleep related deaths. With an easy to use format, this course is available 24/7 from your home or office computer!

How to Access the Free Course

1. Non-members of the AAP will need to obtain an AAP ID number and password.
 - Go to www.pedialink.org
 - Click **Create an Account** in the far right column under **Log In**
 - Follow the steps in the account set up wizard to create your account and password. This will be your AAP ID number and password to access the course.
2. Go to www.pedialink.org/cme/sids
3. Select **Register Now** located in upper-right corner.
4. Enter AAP ID number and password. Click **Log-In**.
5. Select **Register as Individual**, double-check your contact information. Click **Continue with Registration**.
6. The next page lists the **Reducing the Risk of SIDS in Child Care** course. Click **Sign Up**.

★ With the *Reducing the Risk of SIDS in Child Care* online module, participants will learn:

- The definition of SIDS
- To identify behaviors that increase the risk of SIDS
- How to explain common beliefs and misconceptions about SIDS
- The resources that can help caregivers reduce the risk of SIDS for infants in their care

Reducing the Risk of
SIDS IN CHILD CARE

Pedialink
essentials

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Demographic Questions
Pre-Assessment Questions
Importance of Training on SIDS Risk Reduction
What is SIDS
Behavior that Affects the Risk of SIDS

Smoke Exposure Increases SIDS Risk
SIDS Rate and Sleep Position
Why Does Stomach Sleeping Cause a Problem
Why Do Some Child Care Providers Use Stomach Sleeping
Heredity and Lifestyle
Unaccustomed Stomach Sleeping
Why is Unaccustomed Stomach Sleeping Dangerous
Bedding Materials and Objects
Where Should the

Home > Behavior that Affects the Risk of SIDS > Where Should the Baby Sleep

Where Should the Baby Sleep?

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Child care programs should have an individual crib for each child who spends more than 4 hours a day at the facility. No child shall simultaneously share a bed or bedding with another child.

- In child care, each baby must sleep in a separate crib, designated for use only by that baby until the crib is sanitized for another baby's use.
- In addition to sanitation reasons, there is evidence that the risk for SIDS is higher when babies sleep with other people, particularly other children.
- Siblings (even twins) should have separate cribs.

Standard 5.144: Facilities shall have an individual crib for each child who spends more than 4 hours a day at the facility; no child shall simultaneously share a bed or bedding with another child. Click here for full standards.

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7. Enter promo code:

SIDSCCP

to cancel out the online registration fee.

8. Select **Check-out Now** in lower right corner. Follow remaining on-screen instructions to finish registering for the course.
9. Once registration is complete, access the course from **My Online CME** at www.pedialink.org. Scroll down to **My Online CME** and select the course **Reducing the Risk of**

Reducing the Risk of SIDS IN CHILD CARE

Credit for Child Care Providers

Child care providers will receive a certificate of completion and may submit for 1.0 contact hour.

Credit for Health Care Professionals

The AAP is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The AAP designates this educational activity for a maximum of 1.0 AMA *PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity is acceptable for a maximum of 1.0 AAP credits. These credits can be applied toward the AAP CME/CPD Award available to Fellows and Candidate Fellows of the AAP.

The American Academy of Physician Assistants accepts AMA *PRA Category 1 Credits(s)*[™] from organizations accredited by the ACCME.

This program is approved for 1.0 NAPNAP contact hours of which 0 contain pharmacology (Rx) content.

The screenshot shows the PediaLink Essentials website interface. At the top, the title 'Reducing the Risk of SIDS IN CHILD CARE' is displayed. Below the title is a navigation bar with links for Home, My Bookmarks, Faculty, Resources, and Help. The main content area is titled 'Bedding Materials and Objects' and includes a sub-header 'Bedding Materials and Objects' with a prompt to 'Roll your cursor over each number to find out more'. Below this is an image of a wooden crib. To the right of the crib, there are four numbered circles (1, 2, 3, 4) corresponding to the prompt. The sidebar on the left contains a table of contents with links to various sections such as 'Demographic Questions', 'Pre-Assessment Questions', 'Importance of Training on SIDS Risk Reduction', 'What is SIDS', 'Behavior that Affects the Risk of SIDS', 'Smoke Exposure', 'Increases SIDS Risk', 'Sleep Position and SIDS', 'SIDS Rate and Sleep Position', 'Why Does Stomach Sleeping Cause a Problem', 'Why Do Some Child Care Providers Use Stomach Sleeping', 'Heredity and Lifestyle', 'Unaccustomed Stomach Sleeping', 'Why Is Unaccustomed Stomach Sleeping Dangerous', 'Bedding Materials and Objects', 'Where Should the Baby Sleep', and 'Encourage Pacifiers'. At the bottom of the page, there is a footer with the text 'Page 2 of 2'.



Questions About Accessing This Course?

Contact the American Academy of Pediatric Customer Service Department at 866/843-2271 or csc@aap.org.

For more information and materials on how to reduce the risk of SIDS, visit

www.healthychildcare.org/sids.html